Electives & Areas of Specialization

Electives are selected with input from advisors, mentors and others, and approved by advisors. A list of common specialization areas and recent elective courses is provided in the CMHP Handbook. Electives may be selected from within or from outside the counseling programs. Other departments that are common sources of electives include:

- Child and Family Studies
- Special Education
- Public Health
- Nutrition
- Psychology
- Recreation and Sports Studies
- Social Work
- Sociology
- Educational Psychology
- Women’s Studies
- Law

Sample Areas of Specialization for Elective Study in the CMHP

At-Risk Children and Adolescents

Counselor Education and Supervision

Counselor education and supervision doctoral courses, in areas such as counselor supervision, independent study assisting faculty teaching and research may be available as elective options very near the end of the 60-credit hour MHCP, with approval from faculty for this option. This option would be most relevant to MS students with interests in completing a Ph.D., or with particular interest in faculty work, or administrative and leadership roles in counseling settings.

Marriage and Family

Probation and Correctional and Offender Counseling

Substance Abuse Counseling

Women’s Issues

Health and Wellness

Gerontology and Older Adults