

Dareen Basma M.S., NCC

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EDUCATION

University of Tennessee - Knoxville, TN Doctor of Philosophy <i>Counselor Education and Supervision</i> <i>Certificate: Disasters, Displacements and Human Rights</i>	2013 - present
Nova Southeastern University - Miami, FL Masters of Science <i>Mental Health Counseling</i>	2011
Florida International University – Miami, FL Bachelor of Arts <i>Major: Psychology</i> <i>Major: Religious Studies</i>	2009

CLINICAL EXPERIENCE

<i>Child Centered Play Therapist</i> REACH Outreach Program – Pond Gap Elementary School Doctoral Clinical Internship University of Tennessee	January 2014 - August 2014
<i>Child Centered Play Therapist</i> Sequoyah Elementary School Doctoral Clinical Practicum University of Tennessee	August 2013 – December 2013
<i>Family Intervention Specialist</i> Youth Villages Morristown, TN Youth Villages is a private, nonprofit organization dedicated to helping emotionally and behaviorally troubled children and their families live successfully. Work in the Intercept program served a broad population of youth, including those involved with multiple child-serving systems and those at high risk of removal from their families. Individual and family counseling was completed with children and youth who are at a high risk of removal from the families, with possibilities of placement in foster care, residential treatment, detention centers or other juvenile facilities.	August 2011 – May 2012
<i>Mental Health Counselor</i> Agape Family Ministries Residential Treatment Center Miami, FL Agape Residential Treatment Center is an inpatient facility that works with adult, court ordered women, ranging from ages 18 - 65. The population consisted of predominately dually diagnosed clients who presented with substance abuse and severe mental illnesses. The facility provided a multisystemic approach to treatment that tracked physical, medical cognitive and psychosocial needs of the clients.	August 2010 – July 2011

Individual and group counseling was conducted and both inpatient and outpatient goals were worked towards. Evidence based and goal oriented treatment plans were developed and updated for every client, case reports were completed on a daily basis and monthly court letters were presented.

SUPERVISION EXPERIENCE

Master's Internship in Mental Health Counseling

January 2014 – August 2014

Doctoral Supervision Internship

University of Tennessee

Provided triadic and group supervision for 8 master's counseling internship students. Case notes were maintained for each supervision session and technological resources were utilized (audiotaping, electronic submission of documentation to ethically support supervision activities.

Clinical Supervisor

April 2013 – December 2013

Youth Villages

Morristown, TN.

Teams of 2-4 counselors in the Intercept Program were provided supervision. Clinical duties included conducting group supervision that reviewed case assignment, treatment planning, case conceptualization, development of treatment goals and implementation. Individual supervision focused on counselor development, performance improvement, assessing for burnout and increasing motivation levels. Duties also included monitoring documentation for quality and timeliness, adhering to insurance requirements and ensuring that treatment goals are being met. On-call availability and crisis intervention was provided 24-7 for both counselors and clients.

Administrative duties included coordination of clinical trainings new counselors and the development of quarterly workshops for counselors on staff. Duties also included working with the team of supervisors and directors on identifying and implementing plans to enrich the workplace, performance, job satisfaction and overall well being of the counselors. Hiring and employment was overseen as well as development of community outreach plans.

TEACHING EXPERIENCE

PSYCH 577 Multicultural Psychology: Research and Theory

Spring 2015

Guest Lecturer

The Forgotten Three: Cross-cultural considerations when working with immigrants, refugees and undocumented youth and adult

University of Tennessee

COUN 556 Professional Issues in Mental Health

Spring 2015

Co-Instructor

University of Tennessee

COUN 480 Counseling Skills

Spring 2015

Instructor

University of Tennessee

COUN 480 Counseling Skills

Fall 2014

Instructor

University of Tennessee

COUN 570 Cross-Cultural Counseling Fall 2014
Doctoral Teaching Internship
Co-Instructor
University of Tennessee

COUN 404 Special Topics: Service Learning in the Community Summer 2014
Guest Lecturer
Working with refugee populations in a community school setting
University of Tennessee

COUN 559 Internship in Mental Health Counseling Spring 2013
Doctoral Teaching Internship
Co-Instructor
University of Tennessee

PROFESSIONAL EXPERIENCE

School-Community Liaison September 2014 – Present
Inskip Elementary School
University Assisted Community Schools Program
Knoxville, TN

Inskip Elementary is a Title I school that is being transitioned to a full-service community school under the University Assisted Community School Model. Prior to full transition into a community school, a needs assessment and program evaluation is being worked on to identify the specific needs and goals to be targeted in the Inskip community.

Regional Expansion & Development Coordinator April 2013 – August 2013
Youth Villages
North Carolina

Worked on the development of new offices that targeted five counties in the North Carolina region. Community contact and partnerships with mental health providers, Department of Social Services and the court system in the region were initiated and established. Outreach events were organized and clinical services provided were marketed to mental health agencies in the region. Relationships with community agencies and referral sources were targeted in the development plan for census growth in the region. Hiring and employment was overseen; administrative and clinical trainings were conducted for all new counseling staff.

Research Associate –GIRLS: Guided Intervention For Real Life Skills 2007 - 2009
Community-Based Intervention Research Group
Florida International University

Grant Title: Treating Girls' Problems With Alcohol and Other Drugs

Project Description: GIRLS was a 2-year, \$350,000 grant from the National Institute of Alcohol Abuse and Alcoholism (NIAAA). The GIRLS program provided school-based individual substance abuse assessment and intervention to at-risk adolescent girls across high schools in Dade County. This was a mixed methods study aimed to evaluate the efficacy of a brief school-based individual therapy program (5 to 6 weeks) using a combination of Motivational Interviewing and Guided Self Change protocols for reducing adolescent girls' problems with alcohol and drug use.

Duties: Conducted client psychosocial assessments, transcribed clinical tapes and organized, collected, inputted and analyzed the data.

ASSISTANTSHIP

Department of Counselor Education & Supervision

August 2014 – present

University of Tennessee

The assistantship is under the supervision of Dr. Marianne Woodside and focused primarily on tasks involving the Doctoral program.

Department of Counselor Education & Supervision

Spring 2014

University of Tennessee

The assistantship was under the supervision of Dr. Joel Diambra and focused primarily on tasks involved in coordinating the Doctoral program.

RESEARCH & PUBLICATIONS

Manuscripts under review

Basma, D., & Gibbons, M. M. An existential approach with Arab American immigrants. Submitted to *Journal of Humanistic Counseling*. February 2015.

Basma, D., & Kronick, R. Lead, follow or get out of the way: The movement towards University Assisted Community Schools. Submitted to *Universities and Community Schools* November 2014.

Research and Publications in Progress

Kronick, R., Cunningham, R., & Basma, D. (in progress). *The community school movement: An exploration of regional, national and international factors*. Springfield, IL: Charles C. Thomas. Book in preparation.

Rhinehart, A., & Basma, D. (in progress). Alicia: Peer to peer dialogue, Chapters 1, 2, 3, and 4. In M. R. Woodside, *The human service field experience: Helping students find their way*. Thousand Oaks, CA: Sage. Book in preparation.

Basma, D., & Woodside, M. (in progress). Grounding existential supervision with an Integrative Developmental Model framework.

Basma, D., & Banks, B. (in progress). A Christian, a Jew and a Muslim walk into a bar: Exploring perceptions of religion in clinical work among counseling students.

Trigatti, A., & Basma, D. (in progress). A critical look at Latina/o undocumented migrant youth. Submitting to *Association of Mexican American Educators Journal*.

PRESENTATIONS

Burgin, E., Banks, B., Basma, D. & Cochran, J. (March 2015). *Avenues to Awareness: Wellness through Mindfulness, Art, and Culture*. 90-minute workshop will be presented at 2015 Association for Humanistic

Counseling Day of Wellness at American Counseling Association Conference. Orlando, FL: University of Tennessee, Knoxville.

Basma, D. (February 2015). *Plight of the Refugees: Implications For Counselors*. 75-minute workshop will be presented at the 2015 Cross-Cultural Counseling and Education Conference for Research, Action, and Change. Savannah, GA: University of Tennessee, Knoxville.

Basma, D., Banks, B. & Burch, T. (February 2015). *A Dialogue Between Frankl and Buddha: Mindfulness Skills in Existential Counseling*. 60-minute workshop will be presented at the 2015 Smokey Mountain Counseling Association. Jefferson City, TN: University of Tennessee, Knoxville.

Basma, D. (December, 2014). Migration Stressors and Trauma in Refugees and Asylum Seekers. 60 minute workshop. Catholic Charities. Nashville, Chattanooga and Knoxville, TN.

Basma, D. (December 2014). *Evaluating the Needs of Inskip Elementary School*. Poster presented at Fall 2014 Program Evaluation Student Poster Presentation. University of Tennessee, Knoxville.

SERVICE

Volunteer October 2014 – present

Bridge Refugee Agency
Knoxville, TN

Provide case management services to incoming families that include transportation, finding housing, employment services and applying for social security.

Student Representative September 2014 – present

University of Tennessee

Associate Professor in School Counseling Position Search Committee

AWARDS

Julius McElroy Award 2014 - 2015

University of Tennessee

Awarded by the Department of Educational Psychology. Total award of \$5,000 for the duration of one year.

Bruce Painter & Eva Woody Seaton Fund Fellowship 2013 – 2014

University of Tennessee

Awarded annually by the Graduate School to four incoming graduate students. Total award of \$5,000 for the duration of one year.

Chancellor's Fellowship Award 2013 – 2014

University of Tennessee

Awarded annually by the Office of the Chancellor to two incoming graduate students per College. Total award of \$10,000 per year for four years. *Did not accept.*

PROFESSIONAL MEMBERSHIPS

American Counseling Association, Student Member

Tennessee Counseling Association, New Professional Member

Association of Counselor Education and Supervision, Student Member

Southern Association of Counselor Education and Supervision, Student Member