

Curriculum Vita
Christopher R. LaFever, MS, LPCC-S, LCADC, NCC
CLaFever1@utk.edu

EDUCATION

Ph.D.	University of Tennessee, Knoxville	Counselor Education	August 2022
	Cognates: <i>Culturally Aware Trauma Informed Treatment</i>		
	Dissertation: <i>Supporting Counseling Students: Exploring How Trauma History Impacts Sense of Belonging</i>		
Cert.	University of Tennessee, Knoxville	Evaluation, Statistics, & Methodology	August 2021
M.S.	Freed-Hardeman University	Clinical Mental Health Counseling	December 2013
B.S.	Freed-Hardeman University	Psychology; Bible	December 2010

LICENSES & CERTIFICATIONS

Licensed Professional Clinical Counselor–Supervisor Kentucky	April 2018-Present
Licensed Professional Clinical Counselor Kentucky	April 2016-April 2018
Licensed Professional Counselor Associate Kentucky	February 2014-March 2016
Licensed Clinical Drug and Alcohol Counselor Kentucky	April 2018-Present
Licensed Clinical Drug and Alcohol Counselor Associate Kentucky	July 2016-March 2018
National Certified Counselor National Board for Certified Counselors	April 2018-Present

Notable Trainings:

Safe Zone - Completion of all 3 Tiers University of Tennessee, Knoxville	September 2022
Applied Suicide Intervention Skills Training	January 2019
Comprehensive Opioid Response 12 Clinical Training	February 2017
Eye Movement Desensitization & Reprocessing Basic Training	April 2016

AWARDS & HONORS

Outstanding Doctoral Student Award	November 2020
<i>Tennessee Association for Counselor Education & Supervision</i>	
Outstanding Leadership & Advocate Award	April 2020
<i>Counselor Education Programs</i>	
Outstanding Advocate Award	December 2019
<i>Educational Psychology and Counseling Department</i>	

TEACHING EXPERIENCE

<i>Positions</i>	
Assistant Professor of Practice Counselor Education	August 2022-May 2023
<i>University of Tennessee, Knoxville Educational Psychology & Counseling</i>	
<ul style="list-style-type: none">One year appointment as core faculty instructing 6 graduate courses.	
Graduate Teaching Associate COUN 480 Skills for Counseling	August 2021-May 2022
<i>University of Tennessee, Knoxville Educational Psychology & Counseling</i>	
<ul style="list-style-type: none">Instructor of record of 3 sections of ~20 juniors and seniors interested in behavioral science.	
Graduate Teaching Assistant COUN 205 Exploring Majors and Careers	August 2018-May 2021
<i>University of Tennessee, Knoxville Center for Career Development</i>	
<ul style="list-style-type: none">Instructor of record for seven sections, four face to face and three hybrid, of ~26 undergraduate students.Supervised two new course instructors in weekly supervision sessions in Spring 2020.	

<i>Courses Taught</i> (Instructor of Record unless otherwise indicated):	Fall 2022
COUN 535 Orientation to Counseling and Ethics <i>University of Tennessee, Knoxville Educational Psychology & Counseling</i>	3 credits / <i>Face to Face</i>
COUN 552 Career Development: Vocational Theory & Practice <i>University of Tennessee, Knoxville Educational Psychology & Counseling</i>	Fall 2022 3 credits / <i>Face to Face</i>
COUN 559 Internship in Clinical Mental Health Counseling <i>University of Tennessee, Knoxville Educational Psychology & Counseling</i>	Fall 2022 3 credits / <i>Face to Face</i>
COUN 570 Cross-cultural Counseling: Theory & Research (Co-taught) <i>University of Tennessee, Knoxville Educational Psychology & Counseling</i>	Spring 2022 3 credits / <i>Hybrid</i>
COUN 480 Skills for Counseling – 2 sections <i>University of Tennessee, Knoxville Educational Psychology & Counseling</i>	Spring 2022 3 credits / <i>Face to Face</i>
COUN 480 Skills for Counseling <i>University of Tennessee, Knoxville Educational Psychology & Counseling</i>	Fall 2021 3 credits / <i>Face to Face</i>
COUN 205 Exploring Majors and Careers – 2 sections <i>University of Tennessee, Knoxville Educational Psychology & Counseling</i>	Spring 2021 1 credit / <i>Hybrid</i>
COUN 552 Career Development: Vocational Theory & Practice (Co-taught) <i>University of Tennessee, Knoxville Educational Psychology & Counseling</i>	Fall 2020 3 credits / <i>Hybrid</i>
COUN 205 Exploring Majors and Careers <i>University of Tennessee, Knoxville Educational Psychology & Counseling</i>	Fall 2020 1 credit / <i>Hybrid</i>
COUN 570 Cross-cultural Counseling: Theory & Research (Group Facilitator) <i>University of Tennessee, Knoxville Educational Psychology & Counseling</i>	Summer 2020 3 credits / <i>Hybrid</i>
SCHP 690 Psychopathology in School and Mental Health Settings (Co-taught) <i>University of Tennessee, Knoxville Educational Psychology & Counseling</i>	Spring 2020 3 credits / <i>Hybrid</i>
BUAD 200 Integrity: Becoming an Ethical Leader & Effective Communication <i>University of Tennessee, Knoxville Business Administration</i>	Spring 2020 1 credit / <i>Asynchronous</i>
COUN 205 Exploring Majors and Careers <i>University of Tennessee, Knoxville Educational Psychology & Counseling</i>	Spring 2020 1 credit / <i>Face to Face</i>
COUN 205 Exploring Majors and Careers <i>University of Tennessee, Knoxville Educational Psychology & Counseling</i>	Fall 2019 1 credit / <i>Face to Face</i>
COUN 205 Exploring Majors and Careers <i>University of Tennessee, Knoxville Educational Psychology & Counseling</i>	Spring 2019 1 credit / <i>Face to Face</i>
COUN 554 Group Dynamics & Methods (Groups Facilitator) <i>University of Tennessee, Knoxville Educational Psychology & Counseling</i>	Fall 2018 3 credits / <i>Face to Face</i>
COUN 205 Exploring Majors and Careers <i>University of Tennessee, Knoxville Educational Psychology & Counseling</i>	Fall 2018 1 credit / <i>Face to Face</i>

SUPERVISION EXPERIENCE

- GTA Supervisor** | COUN 480 Skills for Counseling Spring 2023
University of Tennessee, Knoxville | Educational Psychology & Counseling Teaching
• Supervised four doctoral students in their instruction of undergraduate course in the spring.
- Faculty Supervisor** | COUN 559 Internship in Clinical Mental Health Counseling Fall 2022
University of Tennessee, Knoxville | Educational Psychology & Counseling Clinical
• Supervised in group an additional 8 students in the internship course.
- Site Supervisor** | Counselor Training Clinic in Counselor Education Fall 2022
University of Tennessee, Knoxville | Educational Psychology & Counseling Clinical
• Provided site supervision for 4 CMHC Interns placed at counselor training clinic.
- Site Supervisor** | COUN 659 Internship in Counselor Education Fall 2022
University of Tennessee, Knoxville | Educational Psychology & Counseling Teaching
• Co-supervised doctoral student in co-teaching COUN 535.
- Site Supervisor** | CES 8010 Internship Spring 2021
Lindsey Wilson College | Counselor Education & Supervision Leadership
• Supervised leadership intern working with Smoky Mountain Counseling Association's Conference.
- Doctoral Supervisor** | COUN 559 Internship in Clinical Mental Health Counseling Fall 2019
University of Tennessee, Knoxville | Educational Psychology & Counseling Clinical
• Supervised four interns in alternating weekly triadic and individual supervision.
- Doctoral Supervisor** | COUN 555 Practicum in Counseling Spring 2019
University of Tennessee, Knoxville | Educational Psychology & Counseling Clinical
• Supervised one school and three clinical mental health students in weekly individual supervision.

SCHOLARY EXPERIENCE

Publications

Peer-Reviewed:

- Brott, P. E., DeKruyf, L., Hyun, J. H., **LaFever, C. R.**, Patterson-Mills, S., Sandifer, M. C., Stone, V. J., (2021). The critical need for clinical supervision among school counselors. *Journal of School-based Counseling Policy and Evaluation*, 3(2), 51-60. <https://doi.org/10.25774/nr5m-mq71>
- Hill, M. B., Hightower, J., Halliburton, A., Harrison, T., **LaFever, C. R.** (in press). Mental health during COVID-19: College students' stressors and need for structure. *Journal of College Counseling*.
- LaFever, C. R.**, & Gibbons, M. (2022). Counseling students' mental health: Recognizing students wellbeing as an impactor on development [Manuscript in preparation] Department of Educational Psychology and Counseling, University of Tennessee, Knoxville.
- LaFever, C. R.**, & Gibbons, M. (2022). Trauma, posttraumatic growth, and sense of belonging: Exploring how counseling students' experiences impacts on social wellness [Manuscript in preparation] Department of Educational Psychology and Counseling, University of Tennessee, Knoxville.

Book Review:

- LaFever, C. R.** (2020). In good times and bad there is only one mother [Review of the book *Saying goodbye to our mothers for the last time*, edited by C. T. Cox & W. A. Harrison III]. *Death Studies*, 44(12), 819-822. <https://doi.org/10.1080/07481187.2019.1627456>

Magazine:

Johnson, T., LaFauci Schutt, J. M., Messinger, E., Blanchard, R., Saunders, R., **LaFever, C. R.**, & DuFresne, R. (2022). Why CSI: Revisiting the importance of professional organization membership. *Exemplar*, 37(2), 14-17.

Grants

Friends of EPC Research Grant (March 2022) *Trauma, Posttraumatic Growth, and Sense of Belonging: Exploring How Counseling Students' Experiences Impacts on Social Wellness* \$400 Funded.

Conference Presentations

National:

LaFever, C. R., West, N., & Diambra, J. (2022, October 17-21). *Getting the Most Out of Supervision: Equipping Emerging Counselors to Self-Advocate* [Conference Session]. American Counseling Association 2022 Virtual Experience Conference.

LaFever, C. R., Wynn, M., & Ault, H. (2021, October 5-10). *Site supervision training: Providing comprehensive support and relationship building* [Conference Session]. Association for Counselor Education and Supervision Conference, Atlanta, Georgia. <http://www.aces2021.net/resources/ACES-Conference-Program-2021-finalversion.pdf>

Gonzalez-Rosario, L. M., Gibbons, M., **LaFever, C. R.**, & Hightower, J. (2021, October 5-10). *Developing social justice leaders and advocates through internships for doctoral students* [Conference Session]. Association for Counselor Education and Supervision Conference, Atlanta, Georgia. <http://www.aces2021.net/resources/ACES-Conference-Program-2021-finalversion.pdf>

Regional:

LaFever, C. R., & West, N. (2022, November 3-5). *Training Counseling Students for Post-Masters Clinical Supervision* [Poster Session]. Southern Association for Counselor Education and Supervision Association, Baltimore, MD.

State:

West, N., Taylor, A. L., & **LaFever, C. R.** (2021, June 11). *Addressing supervisees' developmental needs: Practical techniques for using IDM with supervisees* [Conference Session]. Tennessee Licensed Professional Counselors Association Summit, Nashville, Tennessee.

LaFever, C. R., Upton, C., & Allen, W. (2019, November 8-10). *Ethical responsibilities and practical applications of training site supervisors* [Poster presentation]. Tennessee Counseling Association, Nashville, TN.

Allen, W., **LaFever, C. R.**, & Upton, C. (2019, November 8-10). *The IDM workbook: Creative interventions for use in clinical supervision* [Poster presentation]. Tennessee Counseling Association, Nashville, TN.

Upton, C., Allen, W., & **LaFever, C. R.** (2019, November 8-10). *Utilizing metaphors in counseling* [Poster presentation]. Tennessee Counseling Association, Nashville, TN.

Local:

LaFever, C. R., West, N., & Taylor, A. L. (2021, February 27). *A model for site supervisors: Using a developmental approach with supervisees* [Conference Session]. Smoky Mountain Counseling Association Conference, Knoxville, Tennessee.

Williams, C., & **LaFever, C. R.** (2021, February 27). *Let's get kinky: Counselors' need to overcome bias* [Conference session]. Smoky Mountain Counseling Association Conference, Knoxville, Tennessee.

LaFever C. R., & Gonzalez-Rosario, L. M. (2019, February 16). *Advocating for children and adolescents during times of crisis* [Conference session]. Smoky Mountain Counseling Association Conference, Jefferson City, Tennessee.

LaFever C. R. (2019, February 16). *Speaking out for the ignored: Advocating for fair treatment of substance use disorder clients* [Conference session]. Smoky Mountain Counseling Association Conference, Jefferson City, Tennessee.

Invited Presentations

National:

Fisher, A., McMullen, J., Messinger, E., **LaFever, C. R.**, Arnekrans, A., Dardis, K., & Suggs, B. G. (2022, March 16). *Connecting with Chapters and Professional Members in Creative Ways* [Panelist] [Webinar]. Chi Sigma Iota International. <https://www.csi-net.org/>

Local:

Brooks, T., Brooks, A., **LaFever, C. R.**, & Nichole, D. (2021, September 14). *Theoretical Orientation Panel: Lessons Learned after Graduating from Training Program* [Panelist]. Lindsey Wilson College, Columbia, KY, United States.

Oldham, C. R., & **LaFever, C. R.** (2020, September 16) *Funding and Surviving Graduate School in the Social Sciences* [Symposium] Freed-Hardeman University. Henderson, Tennessee.

Oldham, C. R., & **LaFever, C. R.** (2020, September 14) *Applying to Graduate School in the Social Sciences* [Symposium] Freed-Hardeman University. Henderson, Tennessee.

Brooks, T., Humphrey, L., **LaFever, C. R.**, Nichole, D., & Springston, S. (2020, August 26). *Theoretical Orientation Panel: Lessons Learned after Graduating from Training Program* [Panelist]. Lindsey Wilson College, Columbia, KY, United States.

LaFever, C. R. (2020, April 23). *Counselors in crisis: Understanding our role in a pandemic* [Continuing education presentation]. April SMCA General Meeting, Knoxville, TN.

LaFever, C. R. (2020, July 13). *Professional Development, Advocacy, and Organizations: How Counselors are Stronger Together* [Guest Lecturer]. Carson-Newman University, Jefferson City, TN, United States.

LaFever C. R., & Carlosh, K. (2019, September). *Supervision Symposium* [Symposium]. University of Tennessee, Knoxville's Counselor Education program, Knoxville, Tennessee, United States.

LaFever, C. R. (2019, April 4) *Introduction to Adult Addiction Treatment: Understanding Basic Theory and Systems* [Guest Lecturer]. University of Tennessee, Knoxville, Knoxville, TN, United States.

LaFever C. R., & Hughes, P. L. (2017, August 18). *Kentucky law for counselors* [Continuing education presentation]. Four Rivers Behavioral Health. Paducah, Kentucky.

LEADERSHIP & SERVICE EXPERIENCE

National:

Ad Hoc Reviewer | *Journal of Counselor Leadership and Advocacy* May 2022-Present

Member of Chapter Development Committee | *Chi Sigma Iota* May 2022-Present

Leadership Fellow & Intern | *Chi Sigma Iota* May 2021-April 2022

- Nominated by chapter and selected as one of two leadership interns from across Chi Sigma Iota.

- Editorial Assistant** | *Journal of Counselor Leadership and Advocacy* May 2021-April 2022
- Review manuscripts to ensure alignment with journal and route to reviewers with expertise.
- Intern** | *Professional Member Committee | Chi Sigma Iota* August 2021-April 2022
- Grant Reviewer** | *Chi Sigma Iota* October 2021-December 2021
- Reviewer of Research Grant and Chapter Grant Proposals providing recommendations for funding.
- 2022 Conference Proposal Reviewer** | *American Counseling Association* August 2021
- Intern** | *School Counseling Interest Network – Supervision Work Group | Association for Counselor Education and Supervision* January 2019-May 2019
- Recruited participants compiled and analyzed state models and provided support for work group.
- 2019 Conference Volunteer** | *American Counseling Association* March 2019
- Regional:*
- Emerging Leader** | *Southern Association for Counselor Education and Supervision* October 2020-Present
- 2020 Conference Proposal Reviewer** | *Southern Association for Counselor Education and Supervision* March 2020
- State:*
- NBCC Liaison Chair** | *Tennessee Counseling Association* July 2019-Present
- Interim Secretary** | *Tennessee Counseling Association* July 2020-July 2021
- 2020 Conference Volunteer Co-Coordinator** | *Tennessee Counseling Association* November 2020
- 2019 Conference Volunteer** | *Tennessee Counseling Association* November 2019
- 2018 Conference Volunteer** | *Tennessee Counseling Association* November 2018
- Local & University:*
- President-elect / President / Past President** | *Smoky Mountain Counseling Association* July 2019-July 2022
- Organized continuing education process and presenters for 11 presentations during general meetings.
 - Co-chaired annual conference planning committee for 2020 conference for 150 in person participants and 2021 conference for 110 virtual participants.
- Lead Counselor** | *Possibilities in Postsecondary Education and Science Camp* June 2021
- Let's Talk about Racial Injustice Facilitator** | *University of Tennessee, Knoxville Library* September 2020-October 2020
- Facilitated three small group discussions with eight library staff around societal, organizational, and individual influences of racial injustice and implicit bias.
- Group Leader** | *Camp Aliya Grief Camp* June 2019
- Led process groups for four teenagers who have experienced the loss of a close friend or family member.

Department:

Member of Diversity, Inclusion, & Equity Committee | *Center for Career Development* October 2019-August 2021

- Organized staff training on mitigating impact of implicit bias when working with students and assisting students with marginalized identities navigate barriers.

Member of Technology Committee | *Center for Career Development* January 2019-August 2021

- Created resource guides for students and staff on effective use of career center resources.

Member of Graduate Student Career Development Committee | *Center for Career Development* January 2019-May 2020

- Organized CV workshop for graduate students including recording services for students unable to attend.

Program:

Faculty Social Media and Communications Coordinator | *Counselor Education* August 2022-July 2023

Treasurer | *Upsilon Theta Chapter of Chi Sigma Iota* July 2020-June 2021

Doctoral Student Panel Interviewer | *Counselor Education* 2019, 2020, 2021 & 2022

Social Media Co-coordinator | *Counselor Education* October 2018-October 2020

Professional Advocacy Co-chair | *Upsilon Theta Chapter of Chi Sigma Iota* July 2019-June 2020

- Coordinated with Tennessee Counseling Association and counseling program to organize students and schedule meeting with legislators for attending a Tennessee day on the hill.

CACREP Review Intern | *Counselor Education* August 2019-February 2020

- Assisted in the preparation of documents and responses to written communication from CACREP.
- Supported preparation of documents and materials for site review team.
- Recruited and organized all interviewees for site review team.

CLINICAL EXPERIENCE

Graduate Teaching Assistant | *Center for Career Development* August 2018-July 2021
University of Tennessee, Knoxville | Knoxville, TN

- Provided individual counseling to over 400 exploratory students and interpreting career assessments.
- Presented to groups with career-related information and group career assessment interpretation ~20/year.
- Researched, developed, and updated 14 profiles for *What can I do with this Major* website.

School Counseling Intern | *Counselor Education Practicum* August 2018-December 2018
Gibbs Elementary | Corryton, TN

- Screened over 150 students for risk factors and triaged for interventions when warranted.
- Developed and presented four classroom lessons to multiple sections based on standards.
- Conducted 10 session anger management group for five third, fourth, and fifth graders.

Program Manager | *Primary Care Integration* May 2016-July 2018
Four Rivers Behavioral Health | Paducah, KY

- Coordinated with administrators and providers at six primary care clinics to offer counseling services.
- Supervised two clinicians providing integrated services at other primary care clinics.
- Counseled adults, adolescents, and children while exceeding 50% billable hours.
- Developed and provided trainings to support clinicians' knowledge on level of care and ethics.
- Participated in community response efforts during Marshall County High School shooting crisis.

Residential Substance Use Disorder Clinical Practitioner | Fuller Center

October 2014-April 2016

Four Rivers Behavioral Health | Mayfield, KY

- Co-developed clinical group schedule and materials to be used by all clinical staff.
- Created process for tracking, managing, and completing initial and concurrent insurance reviews.
- Counseled four to seven individuals while completing screenings, insurance reviews and 40% of group sessions.
- Provided after-hours crisis assessments from crisis line callers and area hospitals and jails.

Outpatient Clinical Practitioner | Fuller Center

March 2014-October 2014

Four Rivers Behavioral Health | Mayfield, KY

- Counseled a caseload of over 150 adults, adolescents, and children.
- Supported substance use disorder intensive outpatient group for adults.
- Provided after-hours crisis assessments from crisis line callers and area hospitals and jails.

Counseling Intern | Child and Youth Counseling

May 2013-December 2013

Pathways Behavioral Health Services | Jackson, TN

- Organized and led group counseling for adolescent males at Adolescent Day Treatment Program.

Counseling Intern | Chaplain Department

May 2013-December 2013

Jackson-Madison County General Hospital | Jackson, TN

- Screened three floors of patients weekly and counseled patients and families in crisis.
- Provided overnight crisis response to code blues for families and hospital staff.

MEMBERSHIP

American Counseling Association	September 2018-Present
Association for Counselor Education and Supervision	September 2018-Present
Association for Assessment and Research in Counseling	September 2020-Present
Southern Association for Counselor Education and Supervision	September 2018-Present
Tennessee Counseling Association	September 2018-Present
Tennessee Association for Counseling Education and Supervision	September 2018-Present
Smoky Mountain Counseling Association	September 2018-Present
Upsilon Theta chapter of Chi Sigma Iota	February 2019-Present